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Green Knight Sports Weekly is an online newsletter recapping the current Cross Country and Track & Field news at St. Norbert College. To learn more about both programs please visit the web site at www.snc.edu/athletics. To receive GKSU via e-mail send your e-mail address to donaugustine@snc.edu

Cross Country • Track & Field

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Men's Cross Country



Matt Reynders
Men's Cross Country
Freshman
Hobart, WI.
Notre Dame Academy

GREEN BAY - The St. Norbert College men's cross country team claimed the championship of the Wisconsin Private College Championship at Colburn Park.

Matt Reynders had a solid day finishing in the top 20 with a time of 27:35 to earn Honorable Mention All-State honors! His finish allowed the Green Knights to eke past runner-up Ripon College, and win their first Private College title in over 15 years!

St. Norbert had a balanced effort to claim the team title. Alex DeVillers finished fifth overall with a time of 26:46, while Seth Hawkins was seventh with a time of 26:52. Michael Linzmeier finished in ninth place with an even time of 27 minutes, while Alex Kimble was 11th in 27:04.

Also factoring into the top seven for SNC were James Gilbertson who placed in 24th with a time of 28:04, and Brady Bemis who was 28th in 28:14.

The SNC men are idle this weekend as they prepare for the Midwest Conference Championships!

Women's Cross Country



Erin McShea
Women's Cross Country
Sophomore
Lisle, IL.
St. Francis H.S.

GREEN BAY - The St. Norbert College women's cross country team won its second meet of the season when it handily won the Wisconsin Private College Championship at Colburn Park.

Erin McShea helped the SNC women place 8 runners in the top 20 as she earned Honorable Mention All-State honors! The Green Knights dominated the field, posting a season-best 27 points. Viterbo University was the team runner-up with 55 points, and Concordia University Wisconsin was a distant third with 114 points.

St. Norbert senior Jenny Scherer remained unbeaten in five this season with another impressive performance. Scherer covered the 6K course in a time of 21:23, finishing almost a minute ahead of the runner-up.

The other four scorers for St. Norbert all finished fifth through eighth overall. Amanda Whipple posted a time of 23:41, followed by Kelsey Timm in 23:51. Carrie Trina finished in 23:57, and Hannah Andrekus was eighth in 24:05.

Rounding out the top seven for the SNC ladies were Elvia Martinez, placing 12th with a time of 24:22, and Sara Hasenjager, finishing in 18th with a time of 24:53.

2010 Cross Country Schedule

Aug. 30	TOM BARRY	M 2nd/10, W 1st/12	Oct. 16	PRIVATE COLLEGE CHAMPIONSHIPS	M 1st/14, W 1st/15
Sept. 11	Northern Illinois	M 1st/10, W 2nd/10	Oct. 30	MWC Conference Championships @ Monmouth, IL	
Sept. 24	Pre-Regionals	M 11th/26, W 5th/27	Nov. 13	NCAA Regional Championships @ Rock Island, IA	
Oct. 9	Pre-Nationals	M 18th/25, W 6th/23	Nov. 20	NCAA National Championships @ Waverly, IA	

High Fives



Jenny Scherer Senior

Scherer established a new Private College Championship record finishing with a first place time of 21:23



Seth Hawkins Sophomore

Hawkins had his best performance of the year finishing as the 2nd SNC runner and earning 1st team All State Honors.



Mandy Whipple Sophomore

Whipple earned First Team All State honors placing 5th overall at the P.C.C. Championships.



Kelsey Timm Junior

Timm earned First Team All State honors placing 7th overall at the P.C.C. Championships. This is the third season Timm has been a 1st or 2nd team selection!



Carrie Trina Freshman

Trina earned First Team All State honors placing 7th overall at the P.C.C. Championships.

Midwest Conference

Each week during the Fall and Spring semesters the Midwest Conference honors the top athletes from each sport as the *Player of the Week*.

This past weekend **Alex DeVillers** was honored as the **Midwest Conference Performer of the Week** for his performance at the Private College Championships. DeVillers finished as the number one runner for the SNC men and led them to their first team championship since the 1994 season

The list below shows the St. Norbert men and women who have won this award during the 2010 season.

- Sept. 7.....JENNY SCHERER
- Sept. 14.....JENNY SCHERER
- Sept. 28.....JENNY SCHERER
- Oct. 19.....ALEX DEVILLERS

10 Questions For...



J.J. Simpson

J.J. Simpson is an assistant coach with both the Cross Country and Track & Field programs. In addition to that, he also works in the Information Technology department at St. Norbert

- ?1 Q: Why did you choose St. Norbert?**
A: When I visited the campus, I was very impressed with the Catholic and family oriented environment. St. Norbert has a beautiful campus and I was given the opportunity to work with some great people as well as the wonderful cross country & track teams.
- ?2 Q: Who is your favorite professional athlete?**
A: Michael Jordan and Deion Sanders
- ?3 Q: What was your favorite college class?**
A: Information Systems Technologies
- ?4 Q: Who was your favorite childhood cartoon character?**
A: It's a toss-up between Optimus Prime from the original Transformers, Lion-o from the Thundercats, and He-Man
- ?5 Q: What's the one movie you must have in your movie collection?**
A: *GoodFellas, Goonies, & Forrest Gump*
- ?6 Q: What's your fondest memory as an College athlete?**
A: At Southern Illinois University, placing in the DMR at conference to earn my letter
- ?7 Q: What's currently hanging in your office?**
A: The letter jacket I earned, GoodFellas and Sopranos posters, my baccalaureate and masters degrees, and pictures of wife and 5 kids.
- ?8 Q: What is your favorite breakfast cereal?**
A: Honey Bunches of Oats with Almonds
- ?9 Q: Other than your sporting event, what is your favorite campus activity?**
A: Here on campus, it is the beginning and end of the year celebrations because of the family feeling. As an undergrad, I joined the bowling club and carried a 209 average.
- ?10 Q: What's the one word that best describes your team?**
A: Fantastical!!!

SNC Men: 2010 Private College Champions



SNC Women: 2010 Private College Champions

